



## Get to know your vision plan

Learn what the plan covers and how you can save money

**United  
Healthcare**



# What's covered?

## Eye exam

Your plan includes a fully covered exam. A copay may apply.

Your plan uses Spectera Eyecare Networks, a national network of eye doctors, which includes optometrists and ophthalmologists. You may visit a local doctor or a well-known retail provider, and you can find them at [myuhcvision.com](https://myuhcvision.com). Network eye doctors can help save you money.

## Frame allowance\*

When you use a network provider, you can spend a frame allowance to help buy any frame your eye doctor offers. You get a discount on any cost over the allowance amount.

## Contact lens benefit\*

You may have coverage for a fitting and follow-up visits depending on your plan design and lens choice. Log in to [myuhcvision.com](https://myuhcvision.com) to learn more about your specific benefit.

## Lens options\*

Popular lens options, like UV protection or anti-reflective coating, are available to you at price-protected amounts. Plus, standard scratch coating and polycarbonate lenses for dependent children are available at no cost.

## Additional pairs of glasses\*

Receive a 20% discount on additional pairs of eyeglasses, including prescription sunglasses.

\* Plans may vary. Check your coverage at [myuhcvision.com](https://myuhcvision.com) to verify benefits.



## Need help?

### Visit [myuhcvision.com](https://myuhcvision.com)

Log in for 24/7 access to details about your vision plan.

### Sign in to [myuhc.com](https://myuhc.com)®

If you have a UnitedHealthcare health plan, you can access both your vision and health plan benefits here.

### Call toll-free

**1-800-638-3120, TTY 711**

If you don't have computer access, need language assistance or need other help, call us Monday through Friday, 7 a.m. to 10 p.m. CT or Saturday, 8 a.m. to 5:30 p.m. CT.



# Take steps to protect your eyes

## 1 Find an eye doctor in your network\*

Choose from local and national providers in Spectera Eyecare Networks. It offers a broad choice with more than 100,000 access points for care.\*

Log in to [myuhcvision.com](https://myuhcvision.com) to search by provider name, specialty or location.

## 2 Schedule your eye exam

Regular visits to an eye doctor can help keep your eyes healthy and improve your overall health.

### Get a complete eye exam

A dilated exam lets your doctor look inside your eye and check your eye health. The exam can also show early signs of illness, even before other parts of your body are affected. At your appointment, be sure to:

- Tell your doctor you have a UnitedHealthcare Vision plan
- Give your name and date of birth

You don't need your ID card to use your benefits. If you would prefer to have an ID card, you can print it from your computer or save it to your mobile device at [myuhcvision.com](https://myuhcvision.com).

## 3 Discover more ways to save at [myuhcvision.com](https://myuhcvision.com)

### Laser vision correction

Save up to 35% off the national average price of laser vision correction at more than 900 QualSight® LASIK locations nationwide.\*

### Contact lenses

Order extra contact lenses at [uhcontacts.com](https://uhcontacts.com) for 10% off.

### Hearing aids

Get preferred pricing on custom-programmed hearing aids, starting at \$699 each, through UnitedHealthcare Hearing.

Here are just some of the well-known retail locations in your network:

AMERICA'S BEST | CONTACTS & EYEGLASSES

**COSTCO**  
OPTICAL

EYEGLASS  
WORLD

For Eyes   
by GrandVision

 Visionworks

WARBY PARKER

GlassesUSA<sup>™</sup>  
.com

\* Not all providers participate in all plans. Check with your provider before using your benefits. Network count as of Aug. 6, 2020.

