

Take your health to the next level with **guided genomic insights**.

What are guided genomic insights?

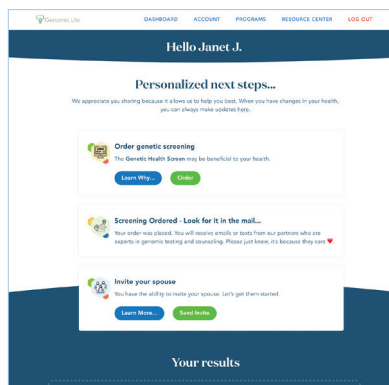
They are personalized recommendations and next steps about how to get the most out of your membership. They are created just for you based on what you choose to share about yourself, your health, and your family history.

Why are guided genomic insights helpful?

They are intended help you choose which services and genetic tests are ideal for you. Your personal dashboard is automatically updated with simple to follow recommendations which many include ordering one or more genetic tests, talking with a Genetic Health Navigator, or accessing one of your personalized health plans.

How do I access my insights?

- Once enrolled, log in to your account at member.genomiclife.com
- **New members:** Unlock your insights by following the prompts to “Get Started”
- **Current members:** Insights are available on your dashboard after log in



Common Questions

- **How are insights created for me?** Your insights are smartly created based on what you share about yourself, your health, and your family history
- **Can I change what I've already shared?** Yes, when you have changes in your health or life goals, you can make updates by clicking a link on your dashboard
- **Can my employer see my answers?** Your employer does not have access to your identifiable results or answers
- **What if I already ordered screenings?** Great! Your insights will automatically update based on what you previously shared
- **What if I have or had cancer?** Call 844-MYGENOME to speak with an Oncology Navigator about the personalized cancer services included in your membership

99%

Breast cancer, when found at an early stage, has a **99% or higher survival rate** in the first five years*

Have questions?

Call us at **844-MYGENOME**
Visit us at **GenomicLife.com**