

# The Genetic Health Screen helps you better understand your health

### What is the Genetic Health Screen?

This accurate, medical-grade DNA test identifies a predisposition to developing hereditary cancers of many types, certain cardiovascular diseases, and other conditions.

#### Who takes a Genetic Health Screen?

The Genetic Health Screen is for adults interested in knowing how their genetics may affect their health.

#### Why is the test helpful?

The Genetic Health Screen is a proactive way to screen for inherited diseases that, if found early, may help your doctor prevent or treat the disease.

#### How do I access the program?

- → Once enrolled, log in to your account at member.genomiclife.com
- $\rightarrow$  Follow the prompts to be guided to the best screenings
- $\rightarrow$  When genetic screening kits arrive, follow the directions provided in the package
- → Receive your results within 21 days
- → Review your results with a board-certified Genetic Counselor
- → Remember to share results with your Doctor

#### **Common Questions**

- → Is there additional cost? No, the Genetic Health Screen and the Genetic Counselor visit are included in your Genomic Life membership.
- → What if I have or had cancer? <u>Call</u> 844-MYGENOME to speak with a Oncology Navigator about the personalized cancer services included in your membership.
- What if I feel healthy? Great, the Genetic Health Screen is intended to help you stay that way!

## 1 in 6

Roughly **1 in 6** people carry a genetic change that increases their risk for diseases that have medical interventions available\*

#### Have questions?

Call us at **844-MYGENOME** Visit us at **GenomicLife.com** 

\* Haverfield, EV et al. Physician-directed genetic screening to evaluate personal risk for medically actionable disorders: a large multi-center cohort study. BMC Med. 2021 Aug 18;19(1):199.

Legal Disclosure: Genomic Life<sup>TM</sup> is not an insurance company. The Service does not provide payment or reimbursement of payment for treatment costs of any kind. Privacy and Confidentiality: Genomic Life takes your privacy very seriously. No identifiable protected health information is provided to any third-party without your expressed written consent. For more information on our Terms & Conditions and Privacy Policy, please visit www.genomiclife.com